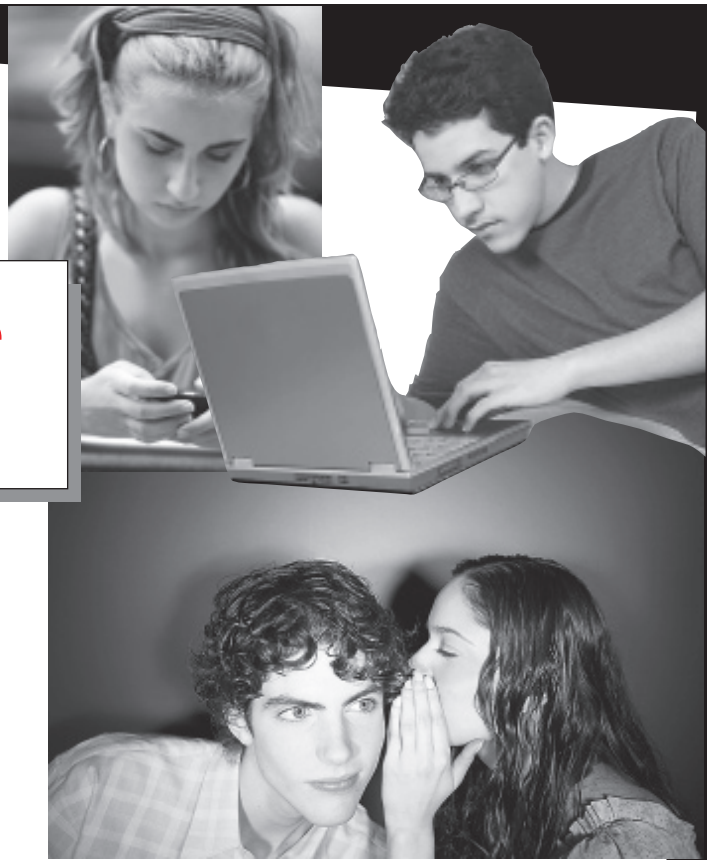


LMAC & LYCS Present

The 15 Minute Child Break

Wednesday,
October 28, 2009
Livingston Library



- 9:45am to 11:15am (light breakfast served) OR
- 7:00pm to 8:30pm (refreshments served)

Join us for an interactive, multimedia presentation that informs, encourages and empowers parents to effectively **communicate** with their children.

Topics covered include:

- Influence of Media and Pop Culture
- Facebook, Cyberbullying, Texting
- Opening Lines of Communication
- Utilizing Teachable Moments
- Talking to Your Kids About Drugs and Alcohol

Did you know that kids who communicate regularly with their parents about their daily activities are 67% less likely to be involved in substance abuse than children who have little or no communication?

For further information call Susan Ridley, LYCS Director,
973-535-2646 or email lycs@livingston.org.



Livingston Municipal Alliance Committee
www.LMACNJ.org